

SHHS From The Ground Up Schoolyard Farms - Volunteer Tasks

Garden Planting and Working With Students/Community Members

Time Requirement: 5-10 hours/week depending on class requirements

Week of April 9th - until mid June

direct seed garden boxes with Elizabeth, teachers and students at 5 different schools

weekly check-ins of gardens, maintenance, harvesting, replanting

Garden Maintenance

Time Requirement: ~5 hours/week - flexible

March 21st - October

Weekly at schools: weeding, soil prep, turning over crops, replanting, pest maintenance

CAN gardens downtown: Soil prep and planting, weeding, soil prep, turning over crops, replanting, pest maintenance

Harvest and Processing

Time Requirement: 6-10 hours/week depending on harvest size

May 23rd - October 15th: Thursday and Friday mornings

Thursdays: Wash and bunch at HI processing station: radishes, green onions, carrots, potatoes, onions,

Friday mornings: Harvest veggies that require minimal processing directly into market totes: cucumbers, peas, beans, tomatoes, herb bunches, flowers, etc

Thursday/Friday morning: Dunk and bunch on site, store in HI cooler: lettuce, kale, cabbage

Markets: 1- 3 markets per week at three different locations

Time Requirement: 3-7 hours/week depending on how many markets you want to do

May 24th - October 15th

Senior's centre: Friday evening 3-5pm

Castle Rock or Riverstone: Saturday morning: 11-1pm

help with initial gathering of market materials

Newsletter

Time Requirement: ~ 5 hours/week

May 24th - October 15th

Help to design newsletter template

Weekly email and printed newsletter: recipes, community contributions, services available, veggie spotlight, food security discussion, call for volunteers/community involvement, customer/volunteer spotlight

Promotions

Time Requirement: 2-3 hours/week

April 5th - October 15th

Social Media updates weekly

Initial poster for markets in three neighbourhoods
--

Promotions for community dinner in September
--

Book/Toy Table at Market Stand

To be determined
